## Documentation Chart for Non-Fatal Strangulation

<table>
<thead>
<tr>
<th>Breathing Changes</th>
<th>Voice or Vision Changes</th>
<th>Swallowing Changes</th>
<th>Behavioral or Nuerological</th>
<th>OTHER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Difficulty Breathing</td>
<td>Raspy voice</td>
<td>Trouble swallowing</td>
<td>Agitated</td>
<td>Dizzy or faint</td>
</tr>
<tr>
<td>Hyperventilation</td>
<td>Hoarse voice</td>
<td>Painful to swallow</td>
<td>Combative</td>
<td>Loss of Conscious</td>
</tr>
<tr>
<td>Unable to breathe</td>
<td>Coughing</td>
<td>Pain to throat</td>
<td>Loss of memory</td>
<td>Headaches</td>
</tr>
<tr>
<td>Other:</td>
<td>Unable to speak</td>
<td>Nausea /Vomiting</td>
<td>Hallucinations</td>
<td>Urination</td>
</tr>
<tr>
<td></td>
<td>Vision changes</td>
<td>Drooling</td>
<td>Hearing changes</td>
<td>Defecation</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Weakness</td>
<td>Pregnant</td>
</tr>
</tbody>
</table>

Use diagrams to mark visible injuries

### Face
- Red or flushed
- Pinpoint red spots (petechiae)
- Scratch marks
- Petechiae to R and/or L eyeball (circle one)
- Petechiae to R and/or L eyelid (circle one)
- Bloody red eyeball(s)

### Eyes & Eyelids
- Petechiae to R and/or L eyeball (circle one)
- Petechiae (external, behind ear lobe and/or ear canal)
- Broken nose (ancillary finding)
- Bloody nose (ancillary finding)
- Petechiae

### Nose
- Red or flushed
- Broken nose (ancillary finding)
- Petechiae
- Bloody nose
- Petechiae

### Ear
- Redness
- Scratch marks
- Bruise(s)
- Abrasions
- Petechiae
- Hair pulled
- Bump
- Skull fracture
- Concussion

### Mouth
- Redness
- Scratch marks
- Bruise(s)
- Abrasions
- Petechiae
- Swelling
- Ligature mark

To All Health Care Providers: Having been advised of my right to refuse, I hereby consent to the release of my medical/dental records related to this incident to local law enforcement, my attorney, my advocate, the District Attorney’s Office and/or the City Attorney’s Office.

Signature: ____________________________ Date: __________

Training Institute on Strangulation Prevention at www.strangulationtraininginstitute.com
Questions to ASK: Method and/or Manner:

How was the victim strangled?

☐ One Hand (R or L) ☐ Two hands ☐ Forearm (R or L) ☐ Knee/Foot
☐ Ligature (Describe):________________________________________________________

☐ How long? ______ seconds ________ minutes or ___ Can’t remember?

☐ From 1 to 10, how hard was the suspect’s grip? (Low): 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 (high)
☐ Continuous pressure? ☐ Increased pressure?
☐ From 1 to 10, how painful was it? (Low): 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 (high)

☐ Multiple attempts:________________       ☐ Multiple methods:____________________

Could the victim breathe, talk and/or scream?

Is the suspect RIGHT or LEFT handed? (Circle one)

What did the suspect say while he was strangling the victim, before and/or after?

Was she simultaneously smothered while being strangled? Shaken? Straddled? Restrained?

Head pounded against wall, floor or ground? (Possible concussion)

Where did the incident occur (Any corroborating evidence/possible sexual assault)?

Any visual changes (describe)?

Any hearing changes (describe)?

Any breathing changes (describe)?

Any changes in consciousness (describe)?

What did the victim think was going to happen?

How or why did the suspect stop strangling her?

Any witnesses?

What was the suspect’s demeanor? Describe suspect’s facial expression during strangulation?


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